



# COVID-19 GUIDELINES

## Students need to stay home if they have:

### ANY OF THE FOLLOWING:

- Chills or fever of 100.0 or higher
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headaches
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

OR

### ANY DIRECT EXPOSURE:

Anyone living in their household has tested positive to Covid-19

## When can student return to school?

### POSITIVE COVID-19 TEST

MAY RETURN AFTER 10 CALENDAR DAYS  
FROM START OF SYMPTOMS  
**AND**  
NO FEVER FOR 24 HOURS  
WITHOUT THE USE OF MEDICATION  
**AND**  
SYMPTOMS HAVE IMPROVED

### NO COVID-19 TEST

MAY RETURN AFTER 10 CALENDAR DAYS  
**AND**  
NO FEVER FOR 24 HOURS  
WITHOUT THE USE OF MEDICATION  
**AND**  
SYMPTOMS HAVE IMPROVED  
**OR**  
DOCTOR'S NOTE INDICATING  
ALTERNATIVE DIAGNOSIS

### NEGATIVE COVID-19 TEST

MAY RETURN AFTER 24 HOURS  
OR IMPROVED SYMPTOMS  
**AND**  
NO FEVER FOR 24 HOURS  
WITHOUT THE USE OF MEDICATION

Negative test results MUST be emailed to:  
[preschool@cereschristianchurch.org](mailto:preschool@cereschristianchurch.org)

### DIRECT EXPOSURE TO COVID-19

MAY CONTINUE TO ATTEND AS LONG AS  
THEY ARE SYMPTOM FREE. STUDENTS MUST  
BE TESTED ON DAY 5 POST EXPOSURE  
**OR**  
MAY RETURN AFTER 10 CALENDAR DAYS  
IF HOUSEHOLD MEMBER TESTS POSITIVE  
**AND** HAVE NO SYMPTOMS

\*ADDITIONAL DAYS MAY APPLY DEPENDING  
UPON RELATIONSHIP OF EXPOSURE